

Building a Strengths Vocabulary

Abundance	Mastery	Newness
Awareness	Noble	Fierceness
Awe	Openness	Patience
Acceptance	Peace	Perseverance
Appreciation	Presence	Zest
Aspiration	Reverence	Responsibility
Beauty	Sacrifice	Restraint
Charity	Spontaneity	Serenity
Balance	Service	Stability
Surrender	Support	Kindness
Choice	Strive for Excellence	Stillness
Beingness	Trust	Joy
	Tolerance	Transformation
Compassion	Vigilance	Truth
Confidence	Will	Vulnerability
Courage	Willingness	Wisdom
Dep[th	Worthiness	Vitality
Discipline	Curiosity	Humor
Dignity	Detachment	Integrity
Forgiveness	Friendship	Positivity
Fearlessness	Freedom	Empathy
Flexibility	Gratitude	Fidelity
Generosity	Faith	Individuality
Gentleness	Greatness	Honesty
Growth	Harmony	Grace
Hope	Commitment	Equanimity
Loyalty	Justice	Leadership
Intuition	Humility	Creativity
Ingenuity	Emotional Intelligence	Love of learning

Go to www.viastrengths.org and click on Via Me for full Signature Strengths inventory.

Building a Strengths Vocabulary
